



## Salt Lake City Utah Transition Workshop Agenda

September 21, 2024

DoubleTree Suites by Hilton Salt Lake City Downtown  
West 600 South, Salt Lake City, UT 84101

8:30 – 9 am	<b>Check-In/Registration</b>
9 – 10:30 am	<b>Medical Transition Guidelines and Toolkit</b> Why it is important to start planning early when transitioning medical care from a pediatric to adult health system and how to use a transition toolkit. Moderator: Shelly Meitzler, Director, Outreach and Support, TSC Alliance Speakers: Director: Shanna Swartwood, MD, Director and Vanina Taliercio, MD, Co-Director, Salt Lake City, University of Utah TS Clinic
10:30 – 11 am	<b>Break</b>
11 am – 12:30 pm	<b>Decision Making Options at the Age of Majority</b> An overview of decision-making options that includes power of attorney, guardianship and supported decision making. Moderator: Elizabeth Skufca, Community Programs Manger, TSC Alliance Speaker: Nate Crippes, JD, Public Affairs Supervising Attorney, Disability Law Center
12:30 – 1:30 pm	<b>Lunch</b>
1:30 – 3 pm	<b>Track 1: Transition into Adulthood: Employment and Higher Education</b>

Examining issues independent young adults face in the workplace and while pursuing higher education and how to access support resources.

Moderator: Elizabeth Skufca, Community Programs Manger, TSC Alliance

Speaker: Deanna Wall, MHA, Clinical Reseach Coordinator Sr., Huntsman Mental Health Institute

**Track 2: Transition into Adulthood: Independent Living Centers and Employment Options**

How to access resources and support services and information about vocational and postsecondary opportunities for semi-independent and dependent adults with TSC.

Moderator: Shelly Meitzler, Director, Outreach and Support, TSC Alliance

Speaker: Sarah Olsen, Project Coordinator, Transition University, Utah Parent Center

3 – 3:30 pm

**Break**

3:30 - 5 pm

**Track 1: TAND: Mental Health issues in Living with TSC**

Discussing mental health issues of TSC-associated neuropsychiatric disorders (TAND) including anxiety, executive function, exhaustion faced by adults with TSC and how to seek support.

Moderator: Elizabeth Skufca, Community Programs Manger, TSC Alliance

Speaker: Deborah Bilder, MD, Huntsman Mental Health Institute, University of Utah

**Track 2: Financial Planning for Semi-Independent and Dependent Adults**

An overview of support resources for dependent and semi-independent care that include SSI, Medicaid waivers and financial planning.

Moderator: Shelly Meitzler, Director, Outreach and Support, TSC Alliance

Speaker: Neil Mahoney, CFP, Senior Consultant, Director of Integration, Oak Wealth Advisors LLC

5 - 5:30 pm

**Question and Answer Session**